

Hands and Feet

File, Buff & Polish	£12.00
Add on intense exfoliation (lactic & salicylic acid for anti-ageing)	£10.00
Full Manicure	£22.00
Add on Paraffin Wax (nourishing heat treatment)	£10.00
Full Pedicure	£22.00

Eyes

Eyelash Tint	£10.00
Eyebrow Tint	£6.00
Lash Tint / Brow Tint	£14.00
Lash Tint / Brow Tint / Shape	£17.50
Eyebrow Shape & Tint	£10.50
Eyebrow Shape (wax or tweeze)	£7.00
Eyelash Perm (includes tint)	£32.00
Eyelash Extensions	£11.00

Waxing

Half Leg	£13.00
Full Leg	£19.00
Full Leg and Bikini	£20.50
Bikini	£7.50
Underarm	£7.50
Lip or Chin Wax	£5.00
Eyebrow	£7.00
Full Arm	£12.00
Package 1 (Half Leg, Bikini, Underarm & Eyebrows)	£30.00
Package 2 (Full Leg, Bikini, Underarm, Eyebrows & Eyelash Tint)	£40.00
Brazilian or Hollywood Bikini Wax	£21.00

(DISCOUNTS FOR TEENAGERS & OAPS)

If you are interested in us making you up packages of any kind for holidays, girl's night in etc. Please just ask and we will tailor-make something to suit your needs.

Wedding & Special Occasion Make Up

Using ID Bare Escentuals make up based on 100% pure minerals with nothing added, let us professionally enhance your best features and achieve a look that best suits you. We invite you to have a wedding trial in the salon and if you wish a home visit can be arranged on the day - please ask for details.

Bridal Party Make Up & Trial	£50.00
Special Occasion Make-Up	£30.00

A 50% non refundable deposit is payable in advance of all wedding day bookings

Packages

Kiddies Pamper Package Glitternails and make-up	£15.00
Stress Buster Package Dermalogica facial, Hot Stone body massage & scalp massage	£90.00
Head to Toe Package Back massage, mini facial, hands and feet file, buff and polish, eyebrow tidy	£70.00
Night Out Package St Tropez Spray Tan, file and polish fingers & toes	£35.00
Bridal/Pre Holiday Package Eyelash tint, eyebrow shape, bikini wax, ½ leg wax, file and polish fingers and toes, St Tropez Spray Tan	£70.00



Please view our website for monthly specials & leave your email address to receive exclusive members only internet offers

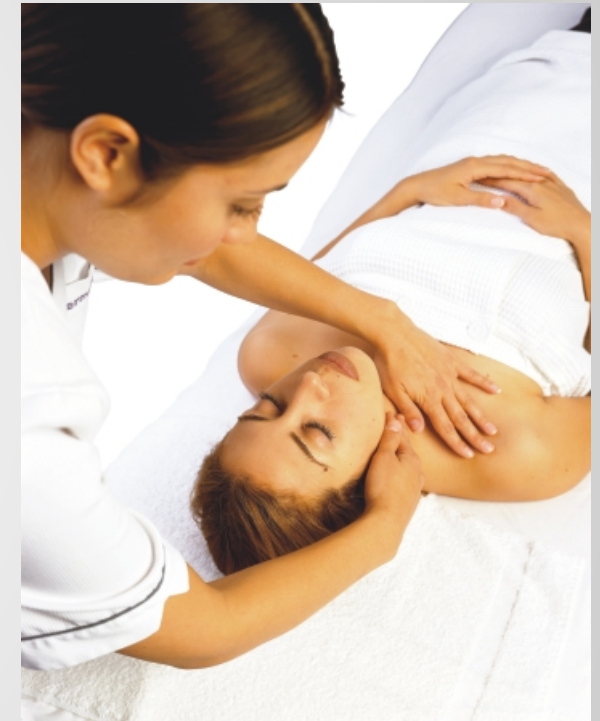
Please note a 50% deposit is required on all treatments to the value of £30 and above.

24 hours notice is required for all cancellations of bookings, failure to do so may result in being charged at the full amount.

Gift vouchers are available and are valid for 6 months.

headtotoe

working in harmony
with mind & body



open 6 days from 10.00am
& late nights

3 Glenview Place, Alexandria G83 0AW
www.headtotoesalon.co.uk

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Welcome

Hi - I'd like to welcome you to our new, updated products list for 2008.

Please take time to browse through this brochure and feel free to ask any questions. Head to Toe, **which has been established now for 10 years**, is a place to relax and get away from it all and above all feel comfortable and in good hands. All our staff are qualified to the highest standards and customer care is our no 1 priority. If you have any questions please feel free to ask and if you can't find what you're looking for tell us, and we will do our best to accommodate you.

ManyThanks *Allison*

Skin Care

Phenomenal products with great ingredients, **Dermalogica**® use only the most potent and pure ingredients in their formulas ensuring that only the best ever reaches you, the clients skin. All skincare treatments are tailored to meet your individual needs and are based on Dermalogica's skin care tool - face mapping. Each facial includes a relaxing and beneficial scalp, hand or foot massage to complete your treatment. Whether its anti-ageing, deep cleansing or to reduce irritated, inflamed skin your skin therapist has the answer!!

Dermalogica customised skin spa facial treatment £40

Dermalogica express facial £28
(for people on the go)

Teenage facial £18

MD Formulations AlphaBeta Facial Peel £40
(This is a wonderful treatment for rosacea clients please ask for details)

- Book a course of treatments and receive 1 FREE
- Have a FREE face map and try the Dermalogica skin care range at your convenience.

Omnilux Revive Skin Rejuvenating Treatment

This exclusive treatment using 'pure red light therapy' energises the body's cellular structure, improving the skins tone and texture, smoothing fine lines and wrinkles and has an overall hydrating and lifting effect. Treatment includes luxury reflexology foot massage. Omnilux can be used in combination with your regular facial treatments and can enhance effects of botox and injectable fillers. It is particularly effective after facial peels.

Omnilux facial £50
Course of 3 within 10 days £130
Add Omnilux to any facial £30

Body Therapy

Fake Bake Self Tanning



Full Body £30.00

Half Body £ 18.00

We have shower facilities available please inform us if you would like to use this prior to your treatment as you will have to arrive 15 mins earlier. Thank you.

St Tropez Self Tanning



Full Body £30.00

Half Body £18.00

St Tropez Ultimate Spray Tan System

£25.00

Maximum results in minimum time.

Half Body £15.00
Weekly top up £15.00
Teenagers (up to 16) £15.00

Luxury Aromatherapy Massage

A relaxing deep or gentle massage to suit the individuals needs using a personal blend of pure essential oils. Promotes a feeling of well being and total relaxation.

Full body including face & scalp £38.00
Back, neck & shoulders £25.00

Indian Head Massage

£33.00

This amazing, versatile treatment covers the face, neck and upper shoulder area - areas that hold most tension. It is said to relieve symptoms of stress, improve blood circulation & encourage relaxation.

Hot Stone Massage Therapy

Founded in Arizona, stone therapy has been used for over 2,000 years! Much more than just a massage this complete body, mind and soul treatment will help you reach a state of complete relaxation within minutes!

Deluxe Back Treatment (includes legs) 40 mins £40.00
Deluxe Full Body Treatment 70 mins £60.00
Stone Facial Treatment 40 mins £40.00

Reflexology

A gentle therapy working on the reflexes on the feet to help ease tension and balance the body £29.00

Thermo Auricular Therapy (Hopi Ear Candles)

£25.00

Ear candles have been used by many cultures as an effective natural therapy since ancient times. Now you can enjoy the pleasant benefits and effects of this age old ceremony. A deeply relaxing, soothing treatment especially for people troubled by ear, nose and throat problems.

Dermalogica Thermal Body Treatments

Our new range of body treatments uses body mapping to assess your bodies concerns to enable us to customise the perfect treatment for you. we use this in conjunction with new thermal heat therapy to comfort and soothe the body to encourage the absorption of beneficial ingredients into the skin.

Mineral Salt Scrub Therapy

£40.00

polishes the skin to a soft glow while providing critical hydration and nourishment customised to relax or energise (or suitable for sensitive skin)

Body Foliation Therapy

£40.00

give your body the customised exfoliation it needs coupled with the warming sensation it craves. A gentle oatmeal & rice bran powder activates to create a gentle yet effective exfoliation to brighten and smooth the skin (suitable for all skin types)

Power Recovery Therapy

£40.00

Recommended for dry or prematurely ageing skin this treatment is an intensive wrap therapy dedicated to feeding the skin with the nourishment it craves!

Nourishing Sea Mud Therapy

£40.00

Stimulate circulation while smoothing the skin with this body wrap therapy that promotes skin nourishment.

Mud Massage Therapy

£48.00

A unique detoxifying treatment that cleanses skin while conditioning & fortifying skin with antioxidants.

Deep Thermal Therapy with Thermal Stamp

£48.00

Inspired by the 14th century Thai therapy this treatment utilizes a unique fabric stamp filled with skin benefitting ingredients and the power of heat to detoxify, remineralise de stress exfoliate and RELAX!

* sea mud therapy mud therapy & deep thermal therapy are not suitable during pregnancy*